For 25 years, PAR has been dedicated to helping you participate in the Hawaii State Legislature.

PAR is for the Public

Not sure where to start? Come by, phone or email. We'll be happy to help you as you take it one step at a time.

Add your voice.
Do it for yourself.
Do it for Hawaii.

In 1990, the Hawaii State Legislature established the Public Access Room (PAR) to provide the public with necessary resources for participation in the legislative process.

It's the first stop for Hawaii's citizens when working with the Legislature – whether from home, office or at the Capitol.

We are deeply non-partisan. We maintain our objectivity in order to serve the needs of those who use our facilities and services.

There is never a fee for services.

The PAR is a division of the Legislative Reference Bureau, a non-partisan agency of the Hawaii State Legislature.

Hawaii's Public Access Room (PAR)

Hawaii State Capitol
415 S. Beretania St., #401
Honolulu, HI 96813

Phone: 808.587.0478
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PAR's website:
LRBhawaii.org/PAR
Legislature's website:
capitol.hawaii.gov

Office Hours
Hours during Regular Session (January – April):
Monday – Friday, 7:45 a.m. – 6:00 p.m.

Hours during Interim (May – December):
Monday – Friday, 8:00 a.m. – 4:30 p.m.

Toll-free Phone Numbers

Kauai:
274-3141 x 7-0478

Oahu:
587-0478

Maui:
984-2400 x 7-0478

Molokai & Lanai:
800/468-4644 x 7-0478

Big Island:
974-4000 x 7-0478

State Capitol, Room 401
Phone: 808.587.0478

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PAR provides the tools you need

An Office for Work at the Capitol
Just walk on in!

Computers with internet access – prepare (and print) testimony; research legislative issues; work on email; monitor news and legislative broadcasts

Work space – a convenient place to use your laptop (free wireless & charging site); hold small meetings; do paperwork, read, or just take a break

Equipment – photocopier (for testimony and legislative correspondence only); television (monitor broadcasts and hearings via closed circuit cable); telephone and TTY

Reference materials – Hawaii Revised Statutes (HRS); Session Laws; Journals; English, foreign language and American Sign Language dictionaries; local directories; manuals and books; information sheets and newsletters

Office Essentials for use on site – a variety of office supplies are kept on hand – just let a staff member know what you need

Expert Staff to Assist You
In person, by phone, or via email

Legislative process – identify, locate and understand measures, actions, procedures and deadlines

“How to” – locate your legislators; offer testimony; track measures; navigate the Legislature’s website

Identify resources – statutes; administrative rules; studies and reports; previously considered legislation and testimony; State offices; Legislative Reference Bureau divisions

PAR Website, Newsletters and Information Sheets – clear, accessible materials on the legislature and effective participation

Participate in Your Democracy

All of Hawaii benefits when people share their diverse ideas, experiences and expertise.

PAR is here to help you
Call 587-0478
(see reverse for Neighbor Island info)
Email par@capitol.hawaii.gov

You’ll discover how right it feels to participate in your government. It’s important. That’s why the Legislature has ensured you have the tools you need to do your part.